



**LOVE GOD.
GROW IN CHRIST.
LIVE TO SERVE.**



Fall 2011 Adult Enrichment Classes



Q. Want financial security? Better understanding of stewardship?

A. Consider: Financial Peace University

Q. Want to learn more about health care and possible solutions?

A. Consider: Health Care

Q. Wondering how the Bible could still apply to life today?

A. Consider: God Hasn't Changed, Neither Have We

Q. Questions about the relationship between religion and science?

A. Consider: Science and Religion

Q. Questions on the Bible? Creeds? Ever heard of Spong? Borg?

A. Consider: Religion Matters

Q. Want more meaning, more feeling, more connection? Making the sacred practical?

A. Consider: Meaningful Ways to Discover the Sacred

Q. Trying to get a grasp on what Grace is and how it is at work in our lives?

A. Consider: Companions in Christ: The Way of Grace

Q. Interested in art or Christian traditions?

A. Consider: Religion in Art

Q. Want to be more "fit" ... physically AND mentally AND spiritually?

A. Consider: Yoga and/or Aerobics

Reflections of Humanity

Leader: Kevin Hamann in Wagoner Hursh

When: Wednesday Evenings, 7:15 – 8:30 p.m.

September 21, 28; October 5, 12, 19, 26

Kevin Hamann, son of our own Ed and Jan Hamann, will lead a study/discussion on the Old Testament. Six case studies from the Old Testament that show that while there have been many advancements over the years; people, their struggles, and the way they respond to God haven't changed much. If you have any questions about this study, you may contact Kevin at 614-314-6782.

Science and Religion

Leader: Professor Lawrence Principe (The Teaching Company)

Facilitator: John Hinton in Room 20

When: Monday Evenings, 7:15 – 8:15 p.m.

September 19, 26; October 3, 10, 17, 24

Science and religion: *How are they different and how are they similar? How do they interact? Does either have an influence on the other? What do you really understand of "your religion"? To be "religious", does that mean you can't be scientific?* This six week presentation on Science and Religion (by The Teaching Company) will view 30 minute videos presented by Professor Lawrence Principe. Questions, answers, and discussion will follow. Video topics to be viewed may include: Faith and/or Reason; God and Nature—Miracles and Demons; God the Watchmaker; Fundamentalism and Creationism.

Religious Art in the Christian Tradition

When: November 6, 3:30 p.m.

A tour of St. Andrews Roman Catholic Church in Upper Arlington on November 6 at 3:30 p.m. St. Andrews is a much celebrated newer church building that has incorporated stained glass in an amazing way, especially the "Stations of the Cross." Contact Linda Stutz for more information at stutzlinda6@gmail.com.

Religion and Art, Trip to Amish Country

When: Specific dates and times will be forthcoming. At this point, please sign up if this seems to be of interest to you.

A visit to the Amish & Mennonite Heritage Center will be either a week day afternoon or a Saturday. Watch for the announcement of the exact date. Transportation will be provided by car pooling.

Behalt, meaning "to keep" or "to remember," is a 10 ft tall x 265 ft long cyclorama, or mural-in-the-round. Behalt illustrates the heritage of the Amish and Mennonite people from their Anabaptist beginnings in Zurich, Switzerland in 1525 to the present day.

Aerobics

Leader: Tina Burch, Be More Fit, Inc.

When: Mondays and Wednesdays at 9:15 a.m.

Aerobics is offered at our church every Monday and Wednesday morning. Come as you are and go at your own pace to improve your overall health. Physical fitness is just one part of our total well being. Our bodies are temples of the Holy Spirit, and taking care of ourselves inside and out honors God as we go out to be his hands and feet. Tina, our instructor, a youth minister, has over 28 years experience teaching aerobics. Her programs are safe and fun, motivating and encouraging. Church members receive a 10% discount on class tickets, which do not expire.

Daytime Gentle Yoga

When: Tuesdays, 9-10:30 a.m. in Room 17,
September 6 -- October 11

Participants must purchase own yoga mat (sticky mat) or talk with instructor prior to beginning of class. It is possible to do chair yoga only. Please preregister by phone with instructor, Pam Estelle, 392-2803, by September 5. Cost: For each class, please bring a monetary or food donation for the homeless.

Evening Beginner Yoga:

When: Wednesdays, 7:15 - 8:45 p.m. in Room 17,
September 7 - October 12

Participants must purchase own yoga mat (sticky mat). Yoga is done barefoot, and participants should be comfortable moving from floor to standing. Some poses can be modified using chairs. Please preregister with instructor, Pam Estelle, 392-2803, by September 5. Cost: For each class, please bring a monetary or food donation for the homeless.

Meaningful Ways to Discover the Sacred (An Altar in the World)

Facilitators: Barbara Hinton

When: Monday evenings in Hinton's home, 7:15 – 8:30 p.m.

September 19, 26; October 3, 10, 17, 24

Barbara Brown Taylor's book An Altar in the World will be the focal point of this discussion. The excellent writer relays how to encounter God beyond the walls of the church and reveals meaningful ways to discover the sacred in things we see and do. The chapter "titles" help tell much about this nurturing book: The Practice of: Waking Up to God, Paying Attention, Wearing Skin, Walking on Earth, Getting Lost, Encountering Others, Living with Purpose, Saying No, Carrying Water, Feeling Pain, Being Present to God, and Pronouncing Blessings. If interested or need more information, please contact Barb (891-7814) and she would be willing to order a book for you.



**LOVE GOD.
GROW IN CHRIST.
LIVE TO SERVE.**

The Health Care and Faith Study

Leaders: Linda Stutz and Kay George

When: Thursday evenings, October 6, 20, 27, and November 3 at 7:15 p.m. in the Middle School Room.

Is it possible for the United States to have a health care system that is accessible, affordable, accountable, sustainable, and inclusive? How can we work towards a solution to the health care crisis that honors our values as Christians? Join Linda Stutz and Kay George for a four session study on health care reform.

Companions In Christ: The Way of Grace 9-Week Study

Coordinator: Pastor Todd Anderson

When: Monday September 19 – Monday November 14, 7:00 p.m. in the Chapel

Cost: \$12

This nine-week study in the Companions in Christ series explores the Gospel of John and, specifically, how divine grace is at work in our lives today, just as it was in the lives of biblical characters 2000 years ago. Participants in this small-group study will explore the central stories of John, focusing on people who discovered God's grace through their encounters with Jesus. This is more than a survey of the biblical stories of Andrew, Simon, Philip, and Nathaniel; Nicodemus; the Samaritan woman; the lame man; the woman caught in adultery; the blind man; Mary and Martha; and Simon Peter. The Way of Grace is a transforming interaction with the events and the characters, a chance to identify with what God provided for these people — a provision they could never achieve for themselves. If you long to open your heart to a deeper knowing of God's grace — to recognize the "soul's deep compass steering us Godward," this is the study for you.

Financial Peace University

Leader: Allan Huffman

When: If you are interested, sign up with your name and the day and time that would best work for you.

You are invited to join Dave Ramsey's Financial Peace University for a thirteen week program designed to guide people to financial freedom. This nationally recognized Christian based program has helped graduates pay off debt and save. Cost for this excellent ministry is \$93 (including book, workbook, and other materials). Contact Allan Huffman with any questions at 899-2304.

Religion Matters

Leader: John R. Wells

When: On 2nd and 4th Sundays, 6:30 p.m.–8:00 p.m. in the Chapel

An ongoing discussion group, named *Religion Matters*, will meet bi-weekly on Sunday evenings from 6:30 to 8:00 p.m. Discussion will start with questions from the group and the leader on the Bible, church creeds, words in the hymnal, and religious clichés. Later, the discussions will center on positions taken from authors such as Marcus Borg, Bishop Spong, John Crossan, and Karen Armstrong. Disagreement will be accepted, but no one will be called "wrong." Laughter will be considered vital.